



## TRUCK DRIVER 1 (DES MOINES, IA) JOB DESCRIPTION

**Job Available As of:** February 8, 2016

**Job Contact:** Chaz Olson (Phone: 515-480-5201; E-mail: [colson@greenru.org](mailto:colson@greenru.org))

### Job Duties:

1. Driver will enter and exit the cab approximately 36 times per day.
  - a. This will require the driver to lift themselves up two steps using three points of contact and maneuvering into the cab.
  - b. It will require them to step down two steps using three points of contact and then to turn around.
2. Connect an electric pallet jack to a dumpster that weighs over 2,000 lb. and move it to the hydraulic lift on the back of the trailer.
  - a. This will require; pushing, pulling, tugging in excess of 200 lb. at times.
  - b. This will be on uneven surfaces and on slippery surfaces caused by ice, smooth surfaces, and grease.
  - c. Travel can be up to 500 ft.
  - d. This can be done up to 45 times per day.
3. Maneuver garbage cans that weigh up to 250 lb. to the hydraulic lift on the back of the trailer.
  - a. This will require; pushing, pulling, tugging in excess of 100 lb. at a time.
  - b. This will be on uneven surfaces and on slippery surfaces caused by ice, smooth surfaces, and grease.
  - c. Travel can be up to 500 ft.
  - d. This can be done up to 150 times per day.
4. Chain dumpsters to the hydraulic lift for dumping.
  - a. This will require; pushing, pulling, tugging in excess of 40 lbs.
  - b. This will be on uneven surfaces and on slippery surfaces caused by ice, smooth surfaces, and grease.
  - c. This can be done up to 45 times per day.
5. Secure garbage cans to the hydraulic lift for dumping.
  - a. This will require; pushing, pulling, tugging in excess of 100 lb. at a time.
  - b. This will be on uneven surfaces and on slippery surfaces caused by ice, smooth surfaces, and grease.
  - c. This can be done up to 50 times per day.

6. Shoveling snow to get to a dumpster or garbage can.
  - a. This will require pushing and lifting in excess of 40 lb. at times.
  - b. This will be on uneven surfaces and on slippery surfaces caused by ice, smooth surfaces, and grease.
  - c. Distance can be up to 500 ft.
  - d. This can be done up to 15 times per day.
  
7. During warm weather, driver will pressure wash dumpsters and garbage cans.
  - a. This will require uncoiling a hose, lifting a hose above the head for several minutes at a time, and coiling up a hose.
  - b. This will be on uneven surfaces and on slippery surfaces caused by ice, smooth surfaces, and grease.
  - c. This can be done up to 150 times per day.

### **Physical Demands:**

- The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with minor disabilities to perform the essential functions provided they are capable of maintaining a valid Commercial Driver's License and Commercial Driver Medical Certificate per CFR 49 Part 391.41 and 391.43.
  
- While performing the duties of this job, the employee is regularly required to sit, talk, hear and conduct physical activities. The employee is frequently required to walk and climb short heights as well as operate other machinery/heavy equipment (as qualified to operate) and tractor-trailer units. Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception, and ability to adjust focus.

### **Work Environment:**

- The work environment characteristics described here are representative of those an employee will encounter while performing the essential functions of this job. The employee will be working in a motor vehicle operating in industrial, over-the-road environments, in high heat and humidity as well as extreme cold weather, including precipitation and dusty conditions. Reasonable accommodations may be made to enable individuals with minor disabilities to perform the essential functions, provided they are capable of maintaining a valid Commercial Driver's License and Commercial Driver's Medical Certificate as outlined above.
  
- The noise level in the work environment ranges from low to high, dependent upon the environment at the time the work is being performed.